



BART WALSH

SPEAKER. FITNESS EXPERT

2024-25 SPEAKER INFORMATION

WHEN PASSION MEETS PURPOSE

In a world that is becoming increasingly (dis)connected, we need to be reminded of what it truly means to be human.

We crave authenticity, vulnerability, and above all, resilience.

Bart Walsh delivers these powerful messages in the most captivating way. On stage, he masterfully blends emotion, humor, inspiration, and storytelling to leave audiences with a profound sense of purpose and possibility.

With a background in acting and as Head of Fitness for Jetts Australia, Bart understands that no person—or organization—is the same. His unique ability to tailor each presentation ensures a lasting impact on any audience, no matter the demographic.

Whether your event calls for inspiration, motivation, wellness, or a combination of all three, Bart delivers a presentation that moves hearts and minds. Discover why Bart is rapidly becoming known as one of Australia's most engaging and authentic speakers.

Book Bart for your next event and feel the impact—during the event and long after.



BUILDING RESILIENCE, ONE CHOICE AT A TIME.

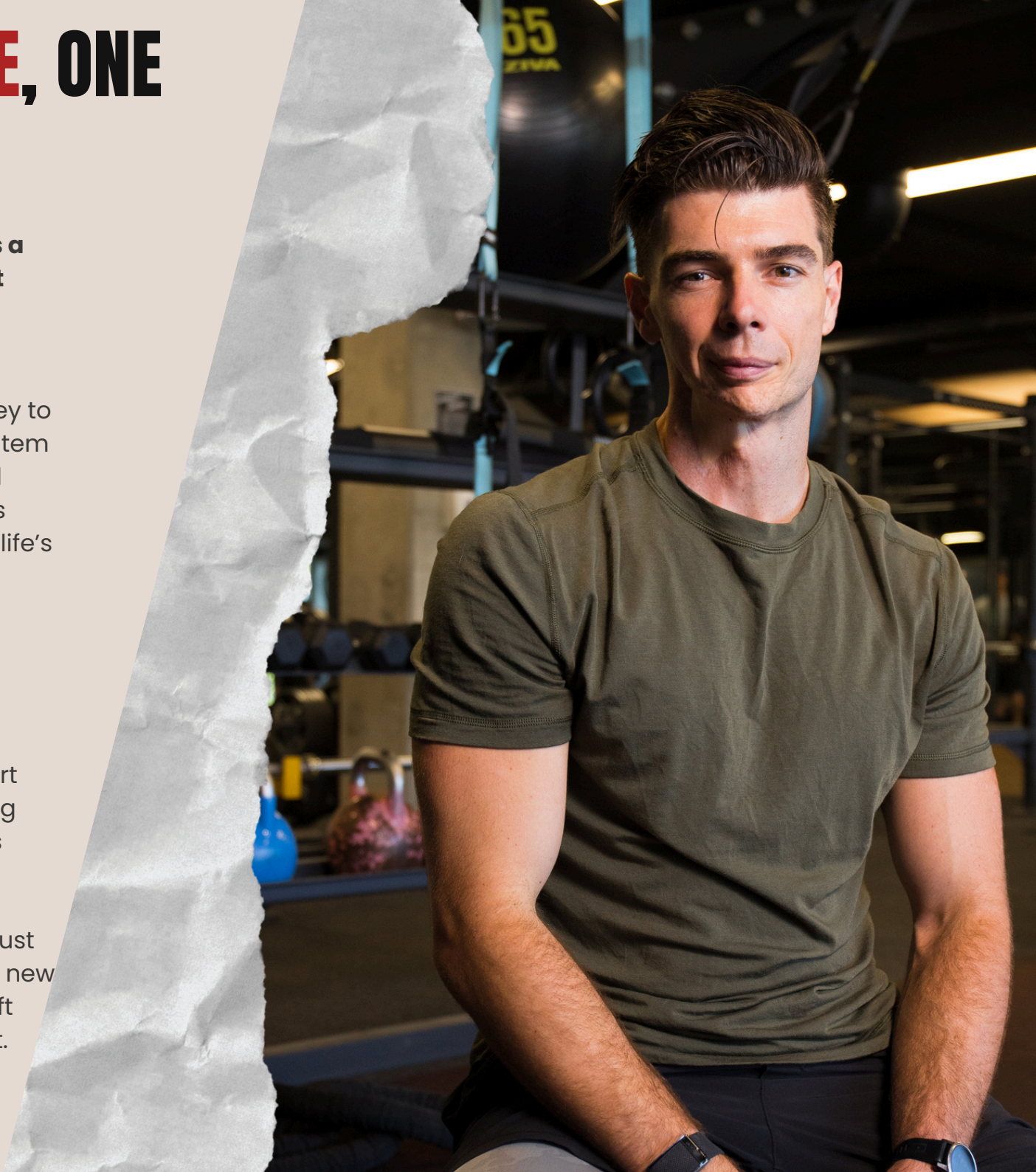
Resilience isn't just a topic Bart discusses; it's a way of life he has embodied through the most challenging of circumstances

Bart has battled cancer, experienced the heartache of infant loss, and is now on a journey to come to grips with a degenerative nervous system condition, that is slowly degrading his legs and hands. For a man so deeply connected with his fitness and movement, he is now watching his life's purpose slip away.

His 3 Rules of Resilience aren't theoretical concepts; they are hard-won truths that audiences can immediately apply to their own lives.

Through the raw authenticity of his delivery, Bart makes these rules of resilience tangible, helping audiences see that no matter what challenges they face, they too can rise above.

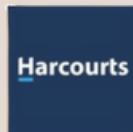
After Bart's presentation, your audience won't just walk away feeling inspired—they'll leave with a new perspective on life. They'll be challenged to shift from a victim mindset to one of empowerment.





“Bart was hands down the best decision we made to have join us.”

TRENT SUTTON
CMO, Harcourts International



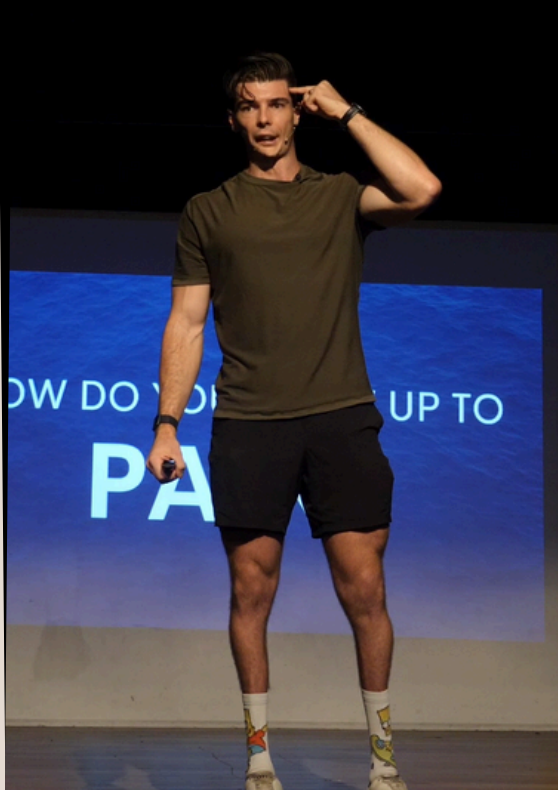
“Bart’s ability to distil complex concepts into understandable and actionable strategies was particularly impressive.”

BRADY SCHULTZ
MD, Healthy Lifestyles Australia



“It was an unforgettable experience that left a lasting impact on everyone in attendance.”

ELAINE JOBSON
CEO & MD, Jetts Fitness Global



Bart’s keynote was not just impressive; it was transformative. His ability to inspire and connect with his audience is truly remarkable.

DIRK BRITZ
COO, Commlink Australia



KEYNOTE

THE 3 RULES OF RESILIENCE

In this transformative keynote, Bart shares his deeply personal journey through life's most difficult challenges, revealing how each struggle shaped his powerful philosophy of resilience.

Designed for maximum impact on any stage—whether a grand conference hall or an intimate gathering—Bart's presentation is crafted to inspire and empower. His ability to connect with audiences on a profound level leaves attendees with actionable insights they can apply to their own lives.

For an immersive experience, Bart also offers an optional workout session—perfect for energizing your audience in the morning or winding down in the evening.

Key Takeaways:

- Own Your Circumstance – Taking responsibility for your situation gives you the power to grow. Blaming others leaves you stuck. Pain, when faced, can become your greatest teacher.
- Seek Discomfort – In a world of increasing comfort, growth happens when we embrace challenges. Real resilience is forged by stepping outside of your comfort zone.
- Love Your Fate – While we can't control everything that happens, we can control how we respond. Instead of resisting what life gives you, find strength in embracing it.



WORKSHOP

STRONG TEAM, STRONG RESULTS

Bart's flagship workshop is a dynamic and empowering journey into corporate wellness, designed to elevate your team's health and performance.

Drawing from his personal story and expertise as one of Australia's top personal trainers, Bart guides participants through an exploration of wellness, offering practical strategies to transform both their professional and personal lives.

This masterclass is centered around the 3 Core Pillars of Corporate Wellness: Movement, Nutrition, and Stress Management.

Key Takeaways:

- How to Exercise to Combat the Challenges of Modern Living.
- Simple Nutrition Tweaks to Boost Metabolism and increase cognition.
- Mastering Stress Management

Additional Perks:

If your team is located near Jetts Gyms, Bart can arrange a special partnership deal to complement the workshop, ensuring long-term fitness success beyond the session.

EXPIRIENCE ADDITIONS

TEAM BUILDING / REJUVINATING WORKOUT

Bart would love nothing more than to bring movement to your event. You can leverage one of Australia's Best Personal Trainers by adding a movement or fitness session to compliment Bart's message.

Picture this, an enthralling and moving keynote speech about resilience, then putting these powerful messages into practice through a team building workout later during your event. Or perhaps a rejuvenating stretch and mobility session before breakfast to energize your delegates at the start of the day?

To discuss options for your event, email Bart today.



BOOKING BART

GET TO KNOW THE MAN

If you want to know more about Bart, head to his website to understand his tone and message more intimately.

www.bartwalsh.com.au

CONTACT

Send Bart an email to organise a discovery call. Please also include any questions, ideas, and details about your event in your email

hello@bartwalsh.com.au

PRICING

Pricing will vary depending on location and event needs. A discount is given to not-for-profit and charity organisations.

Where possible, Bart will do his best to work with your budget.

BEFORE EVENT CALL

Once formalities are finalised, Bart will get to work understanding you and your people, to deliver the best experience possible.

This will involve a minimum of one before event virtual call to discuss details and make any final changes.

THE BIG DAY

Where possible Bart likes to observe a portion of the event to understand the vibe and tone before he gets on stage.

Then, it's show time!

FOLLOW UP

Providing continuity of Bart's message after the event is important for a prolonged impact. Bart will follow up with any resources or communications mentioned in his presentation



Thank you
**FOR CONSIDERING
BART FOR YOUR NEXT
EVENT**



WEBSITE



INSTAGRAM



FACEBOOK



LINKEDIN